



2330 Perkiomen Avenue
Reading, PA 19606
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Accredited by The Middle States Commission on Elementary Schools

April, 2020

Dear SCS Students and Families,

Please be assured that I am keeping each of you in my prayers during this time that we are apart. I truly miss seeing all of you at school, and I am praying that you are happy, healthy, and adjusting to our new temporary way of life. I understand that some days are difficult; please remember to take good care of yourselves! Continue to learn, play, exercise, and eat healthy foods. Take some time to paint, read, listen to music, play a game, talk to a friend or family member, and anything else that helps you to relax and feel happy. Some days, you might just need to take a rest, and that is okay, too! Listen to your body, acknowledge your feelings, and please don't be afraid to ask for help when you need it.

Although we are not physically together at this time, I am still here to help you in any way that I can. I am available for immediate response via email during my new quarantine "office hours" Monday through Thursday from 10:00 a.m.-12:00 p.m. I will answer as soon as I am able during any other time. Please feel free to reach out if I can be of any assistance!

I wish each of you the best as we continue working together as one strong team, positively impacting our local community and in turn, the entire world! I am confident that we are making a difference. Thank you from the bottom of my heart to those whose work requires you to care for others in addition to your own families at this time, and also to those who are able to fulfill your roles from inside the walls of your own homes. Each is extremely important and I appreciate every single one of you for the actions that you are taking to keep yourselves and others healthy, safe, and cared for.

I look forward to the day when we can celebrate being together again! Until then, stay well and know that you remain in my prayers today and every day.

Mrs. Erin Miller
SCS School Nurse
Emiller@scsreading.org

For Students and Families:

World Health Organization Handwashing Video
[WHO: How to handwash? With soap and water](#)

COVID-19 Support from Sesame Street

[Caring for Each Other](#)

Sandra the Orangutan Washing Her Hands

[Sandra the Orangutan Washing Her Hands #washyourhands](#)

Wonder Grove Kids: Germs, Germs, Germs

[Germs, Germs, Germs. S7 E24](#)

For Parents:

Centers for Disease Control and Prevention

<https://www.cdc.gov/>

PA Department of Health

<https://www.health.pa.gov/Pages/default.aspx>

PA Governor's Office

<https://www.governor.pa.gov>

PA Department of Human Services: Behavioral Health Resource Hotline

[Gov. Wolf: Support & Referral Helpline Created for Pennsylvanians in Need of Behavioral Health Resources and Referrals During COVID-19 Public Health Crisis](#)